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MARTIAL ARTS

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
06.30							
07.00							
07.30							
08.00							
08.30							
09.00							
09.30							
10.00	Personal Classes	All Grades Class 10:00-11:00	Personal Classes	All Grades Class 10:00-11:00	CLOSED	Personal Classes	Personal Classes
10.30							
11.00						Learn to Spar Class 11:00-12:00	All Grades Class 11:00-12:00
11.30							
12.00						Teenagers Class 12:00-12:45	Little Champs Class 12:00-12:30
12.30	All Grades Class 12:30-13:15	All Grades Class 13:00-13:45	All Grades Class 12:30-13:15	All Grades Class 13:00-13:45			Junior Champs Class 12:30-13:15
13.00						All Grades Class 12:45-13:45	
13.30	Personal Classes		Personal Classes				Personal Classes
14.00		Personal Classes		Personal Classes			
14.30							
15.00							
15.30							
16.00		Student Class 16:00-16:45		Student Class 16:00-16:45			
16.30	Little Champs Class 16:30-17:00		Little Champs Class 16:30-17:00				
17.00	Junior Champs Class 17:00-17:45	Senior Class & Teenager Class 17:00-17:45	Junior Champs Class 17:00-17:45	Senior Class & Teenager Class 17:00-17:45			
17.30							
18.00	Beginners Class 17:45-18:45	Intermediate & Senior Classes 17:45-18:45	Beginners Class 17:45-18:45	Intermediate & Senior Classes 17:45-18:45			
18.30							
19.00	Intermediate & Senior Classes 18:45-19:45	Beginners Class 18:45-19:45	Intermediate & Senior Classes 18:45-19:45	Beginners Class 18:45-19:45			
19.30							
20.00	All Grade Class 19:45-20:30	All Grade Class 19:45-20:30	All Grade Class 19:45-20:30	All Grade Class 19:45-20:30			
20.30							
21.00							